

NAGARJUNA INSTITUTE OF EXACT METHODS

Organizes

Summer Session: An Extensive Course on Buddhist Philosophy and Practice

(September 1st, 2008 - October 1st, 2008)

(Class hour = 1.5 hrs, Duration = 1 month, Total Classes = 17, Course Fee = Rs. 1000.00 (Rs. 850 for Life Members and Rs. 950 for Individual Members)

Course Details

Unit 1

- 1.1 **Motive: Buddha Nature** (*hetu: tathāgatagarbha*)
- 1.2 **Working Basis: Precious Human Body** (*āśraya: durlabha manuṣya śarīra*)
- 1.3 **Contributory Cause: Meeting Spiritual Friend** (*pratyaya: kalyāṇamitra-sevana*)

Unit 2

- 2.1 **Impermanence** (*anityabhāvanā*)
- 2.2 **Vicious States of Samsara** (*duḥkha*)
- 2.3 **Karma and Its Result** (*karma-phala*)

Unit 3

- 3.1 **Taking Refuge** (*trīśaraṇagamana*)
- 3.2 **Meditation on Four Immeasurables** (*caturbrahmavihārabhāvanā*)
- 3.3 **Bodhicitta: Its generation** (*bodhicitta: bodhicittotpāda*)
- 3.3.1 **Mind Training** (Lojong - *matiśodhana*)

Unit 4

- 4.1 **Giving** (*dāna pāramitā*)
- 4.2 **Morality** (*śīla pāramitā*)
- 4.3 **Strenuousness** (*vīrya pāramitā*)
- 4.4 **Patience** (*kṣānti pāramitā*)
- 4.5 **Meditation** (*dhyāna pāramitā*)
- 4.6 **Wisdom** (*prajñā pāramitā*)

Unit 5

- 5.1 **Introduction to Vajrayāna**

(Note: Questions and Answer Session after the scheduled class hour)